Every Doctor, Every Setting

A national commitment to coordinated action on the mental health of doctors and medical students



The Vision:

A medical profession that works and studies in environments that support wellbeing and enable quality patient care.

The Goal

Coordinated action to prevent mental ill-health and suicidal behaviour and support good mental health for all doctors and medical students.

The time is right to set a reform agenda in Australia that positions the mental health and wellbeing of the medical profession as a national priority.

To support coordinated action, a national framework has been developed with the support of medical leaders in Australia.

What can you do?

- **✓** SIGN UP & SUPPORT
- IDENTIFY THREE IMMEDIATE
 ACTIONS YOU WILL TAKE
- SHARE YOUR SUPPORT AND IDENTIFIED ACTIONS
- **✓** IMPLEMENT YOUR ACTIONS

Pillars for coordinated action

/01	Improve training and work environments
/02	Recognise and respond to those needing support
/03	Improve response to doctors and medical students impacted
/04	Improve the culture of the medical profession to enable wellbeing
/05	Improve coordinated action and accountability

The guiding principles:

- The wellbeing of the medical profession is a national priority, requiring a coordinated and resourced approach.
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- Environments that value, develop and support the medical profession are conducive to good patient care.
- Targeting the structural and environmental risk factors impacting on the medical profession is an immediate priority.
- Medical professionals who experience mental ill-health and suicidal behaviour can and do provide quality patient care.
- Support from all key stakeholders is required to ensure implementation and evaluation of evidence-based interventions across all settings.



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