



Life in Mind

Research update

This month, the *Life In Mind* team is highlighting a selection of the latest Australian research studies relating to mental health and suicide prevention, showcasing researcher profiles and encourages you to get involved in current research surveys.

If you would like to add a researcher profile, access the *Life in Mind* [directory form](#) or to submit relevant research to the directory, contact lifeinmind@health.nsw.gov.au



Researcher profile: Dr Zac Seidler

Following *Life in Mind*'s spotlight on men's health and suicide prevention throughout June, the team spoke to Zac about his research and ongoing work in male suicide prevention.

[Read more](#)

New Zero Suicide Healthcare Training directory

Life in Mind, with the Zero Suicide Institute of Australasia (ZSIA) has launched a national directory of training programs that aim to empower healthcare workers to feel confident and competent to provide compassionate care to people experiencing suicidal behaviours.

[Learn more](#)

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Safe and high-quality
suicide prevention programs.

launches Quality Improvement Program

The Suicide Prevention Quality Improvement Program is a national framework to guide the development and implementation of safe and high-quality suicide prevention programs and services in Australia.

[More info](#)

Professor Jane Pirkis talks on research in prevention of suicide in males

The *Life in Mind* team spoke to Professor Jane Pirkis about the Million Minds Mental Health Research Mission grant and her work in the prevention of suicide in males.

[Learn more](#)

AISRAP report shows Queensland construction industry apprentices have high levels of suicidal behaviours

In 2018, MATES in Construction, with support from the Construction Skills Queensland, the Office of Industrial Relations and the Department of Employment, Small Business and Training, commissioned AISRAP to do a major study of mental health amongst Queensland apprentices.

[More info](#)

Research released by headspace shows the impact of COVID-19 on young Australians

headspace has released new research highlighting that young Australians are fearful and uncertain for their future as a result of COVID-19. As a result, their new digital awareness campaign - together, we've got this - aims to support the mental health of young people and their parents as they



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NCIS releases 2017 Mortality data series fact sheets

The National Coronial Information System (NCIS) has released their 2017 Mortality data series fact sheets. The fact sheets provide details about deaths classified by state and territory, age, sex, intent, mechanism of injury and drug type (for drug-related deaths).

[More info](#)

Open research projects

University of New England and the National Suicide Prevention Taskforce lived experience consultation

The University of New England is conducting research to understand the ways in which people experience suicide from a personal point of view. This information will be used to inform the work of the National Suicide Prevention Taskforce and to help shape interim recommendations to be provided to the Prime Minister in July 2020.

Participate in the survey via: <https://bit.ly/2UuTwLH>

Black Dog Institute developing digital service for people at risk of suicide

In an Australian-first, the Black Dog Institute will investigate and develop a person-centred service for people who are at risk of suicide but have not sought help through formal channels. The project will commence in July 2020, led by Professor Helen Christensen, Director and Chief Scientist at the Black Dog Institute and lead investigator for the study.

[Read more](#)



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Life in Mind is an initiative of **Everymind**. It is supported by funding from the Australian Government, Department of Health, under The National Suicide Prevention Leadership and Support Program.

Life in Mind acknowledges the traditional owners of the land we live and work on and pay our respects to elders past and present. Aboriginal peoples were involved in the planning and development of this online portal.

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