



The Centre of Best Practice in
Aboriginal and Torres Strait
Islander Suicide Prevention

Joint Approach for Wicked Problems

4 November 2019

Funded by a \$5 million dollar grant, key Indigenous leaders from across Australia held their inaugural meeting last month, charged with the task of finding innovative approaches to the complex problem of Indigenous wellbeing.

Lead researcher Professor Pat Dudgeon, from the UWA Poche Centre and School of Indigenous Studies, said:

“This multidisciplinary approach, which will investigate a range of initiatives to solve some of our country’s ‘wicked’ problems, is critical in improving the delivery of mental health services for Australia’s Indigenous population.”

The grant, part of the Federal Government’s Medical Research Future Fund (MRFF) Million Minds Mission, follows calls for Indigenous mental health services that promote cultural values and empower service users.

Researchers will work with Indigenous service users to develop clinically and culturally capable Indigenous mental health service models and establish how they can best work within families and communities. They will also look at how services can better prevent mental health difficulties and consider cultural healers’ work with service users.

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To find out more about the work of the Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention see www.cbpatisp.com.au

For information on the appropriate reporting of mental illness and suicide www.mindframe.org.au

If you or someone you know needs **help or support**, you can contact your local Aboriginal Community-Controlled Organisation or call Lifeline 13 11 14, Beyondblue 1300 22 46 36, Kids Helpline 1800 551 800, Mensline 1300 78 99 78, Q Life 1800 18 45 27, Open Arms Veterans & Families Counselling 1800 01 10 46 or The National Indigenous Critical Response Service 1800 80 58 01.