



eNews October 2020

Welcome to the latest edition of *Life in Mind* eNews.

The month of September is always a busy time for the suicide prevention sector in Australia. Following last month's awareness days, announcements and reports released, it is important to reflect on the achievements and ongoing commitment to innovation within the sector.

Please see below for the latest news and updates.



<u>Update from the Prime Minister's</u> <u>National Suicide Prevention</u> <u>Adviser</u>

The Prime Minister's National Suicide Prevention Adviser, Christine Morgan has just released her latest blog on the *Life in Mind* website. This update focuses on the significant happenings for suicide prevention in Australia including the release of the National Suicide and Self-Harm Monitoring System, and the appointment of the Interim National Commissioner for Defence and Veteran Suicide Prevention.

Read more

<u>New website released as part of</u> <u>National Suicide and Self-Harm</u> <u>Monitoring System</u>

The Australian Institute of Health and Welfare (AIHW) together with the National Mental Health Commission



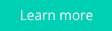
(NMHC), have released a new website as part of the delivery strategy for Australia's first National Suicide and Self-Harm Monitoring System.

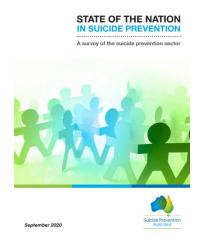
Click below to learn what this new website means for the mental health and suicide prevention sector.



Black Dog Institute release white paper

Black Dog Institute have released their first white paper -'What can be done to decrease suicidal behaviour in Australia? A call to action.' into suicide prevention that looks at how research and lived experience can support future innovation in suicide prevention.

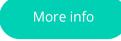




Suicide Prevention Australia release State of the Nation in Suicide Prevention Report

Suicide Prevention Australia have launched the State of the Nation in Suicide Prevention Report, which presents findings from a survey of the suicide prevention sector.

The national peak body for suicide prevention plans to conduct the State of the Nation Survey annually, with the results to be released every World Suicide Prevention Day.



<u>Launch of Suicide in Queensland:</u> <u>Annual Report 2020</u>

The Australian Institute for Suicide Research and Prevention (AISRAP) at Griffith University have released the Suicide in Queensland Annual Report 2020 (Suicide in Queensland) providing information on recent suicide trends in Queensland to target and inform suicide prevention activities.

Read more

Upcoming events



Connect 2020: Thinking outside the box: New initiatives in suicide prevention

Suicide in

Annual Report 2020

Queensland

The next Connect 2020 webinar will be held Tuesday, 13 October on 'Thinking outside the box: New initiatives in suicide prevention' and is sponsored by Life in Mind.

Hosted by Suicide Prevention Australia, the Connect 2020 webinar series brings together thought leaders and innovators to share ideas and support a vision of a world without suicide.

Register now



Australian Rural & Remote Mental Health Symposium

Australians in rural and remote areas are able to access mental health services at a fifth of the rate of those in urban areas. This increases suffering for those seeking mental health help, support and treatment.

Discover ways to advocate and provide equal mental health care for all Australians.

Gain practical solutions to improve mental health services in Australia's rural and remote areas at the 2020 Australian Rural & Remote Mental Health Symposium.





Do you have an event coming up?

Add your event to the *Life in Mind* events directory.

Do you have a new program, resource or service? Don't forget to add it to the *Life in Mind* portal.

Access the quick upload form <u>here</u>.

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